

MAGIC TOSE ESTABLES TOSE ESTABLES



Welcome to the cosy atmosphere of our 280 m² Spa with Art Deco and Art Nouveau decor, whose curves and curves are an invitation to well-being. A benevolent place for body and soul, our Spa consists of a wall mounted waterfall, an indoor swimming pool, a relaxation area, two sumptuous treatment rooms, a hammam, a sauna, but also a fountain ice cream, rain shower, indoor jacuzzi and outdoor jacuzzi.

Our relaxation area welcomes you for a tasty break, where you can taste our selection of flavoured waters to awaken all your senses.

CARE CUTTING-EDGE DERMO-PROFESSIONALS FROM SCIENTIFIC RESEARCH

Lys Martagon Spa calls on **SkinCeuticals** for its wellness area.

A place of relaxation where the prestigious brand offers the best treatments.

Created by a team of American researchers and dermatologists by Dr Sheldon Pinnell, SkinCeuticals rose, from the early years, at the rank of pioneer by its dual scientific and professional approach skin.

Guided by a genuine obsession with scientific proof, the brand of high-tech care is located at the border between cosmetics and research advanced pharmaceuticals.





OUR APPROACH TO CARE



1 PREVENT

Signs of aging premature by neutralizing free radicals which cause oxidation.

2 CORRECT

Visible signs of age to give back young appearance and a luminous complexion. PROTECT

Healthy skin from harmful effects

of UV.

SkinCope® skin diagnosis] 15 min

Skinceuticals offers you a personalized skin diagnostic method thanks to Skinscope® to offer you a unique skincare ritual.

Included during a SkinCeuticals treatment in the treatment room.





PRESTIGE



The supreme Anti-Aging treatment 1h30

The ultra-powerful anti-aging action of this facial treatment combined with the relaxing and restorative virtues of massages of the back, scalp, face, and low-cut transports you in a luxurious cocoon.

Real global care of the face thanks to deep and enveloping manoeuvres, your skin is wrinkles and the radiance of your skin is revived.



Glycolic Acid Peel 1h00

This renewing facial treatment stimulates natural hydration of the skin as well as re-oxygenation cells. Thanks to the exfoliating products concentrated in glycolic acid as well as massage techniques, this treatment guarantees a sublime "new skin" effect.

Anti-Aging with Vitamin C 1h00

Breathless skin regains vitality thanks to the combination of products highly concentrated in Vitamin C and at expert manoeuvres. He protects and prevents future damage to the skin while visibly restores the firmness and radiance of the complexion.

Hyaluronic Acid Moisturizer 1h00

A real hydration bath, this treatment combines products highly concentrated with Hyaluronic Acid to gestures gentle acting on muscles and blood circulation. Your skin regains vitality and firmness.





Repairing treatment with botanical extracts 1h00

Highly restorative and soothing, the skin regains ultimate comfort. Highly concentrated assets combined with botanical extracts of thyme for a face relaxed and intensely calm.

Anti-pigment spots radiance treatment 1h00

A true light booster, this powerful treatment is the solution to reduce pigment spots. Through the high concentration of *Advanced pigment corrector serum*, this treatment provides instant radiance and a luminous complexion.

Purifying Detox Treatment 1h00

This major cleaning allows a real reset to zero of skin defenses as well as strengthening skin barrier. This treatment eliminates toxins and cleanses the skin. The complexion is radiant, the skin texture is refined and boosted defenses





SPECIFIC TREATMENT

Smoothing Eye and Lip Care 30 minutes

The skin regains a new radiance and a new youth thanks to this expert treatment. By the action of a modelling specific smoothing around the eyes and lips, the facial expression lights up.



Flash treatments for visible, fast, and lasting result allowing your skin to benefit from the formulas highly concentrated care for efficiency scientifically proven.

Anti-aging and Anti-spots peeling 30 minutes

Reveal the natural light of the skin: such is the promise of this treatment.

Hyaluronic Acid Moisturizer 30 minutes

Rapid hydration bath.

Repairing treatment with botanical extracts 30 minutes

Soothing and calming, this firefighter treatment refreshes and instantly hydrates.

Purifying detox treatment 30 minutes

A deep cleansing added to assets skin booster.



SERENITY FROM THE BODY

From the very first minute to the ending ritual, your support is personalized. At every moment,

you live a unique moment and adapt to your liking desires and according to your current needs.

Muscle Energy 25/50/80 minutes

Powerful ritual where tensions are released, and muscles reinforce each other. After a day of skiing, this ritual facilitates recovery, prevents muscle soreness, and provides deep muscle relaxation.

Relaxation at the Summit 25/50/80 minutes

Very gently, this relaxing massage brings you to life a real relaxing experience from which you emerge resource. Through a set of techniques enveloping at a slow pace, the harmony of the body and the spirit is found.

FROM THE BODY

Star flakes 50 min

This sensory experience perfectly combines the massage of the scalp, hands, and feet. An exquisite ritual where the spirit finds serenity.

Winter heat 80 min

Real comforting journey from which you will return soothed and energetically recharged thanks to the power of enveloping heat of the pebbles.

Harmonious waltz with four hands 50/80 min

A harmoniously choreographed ballet of gestures for a feeling of fullness and calm.

THE LYS MARTAGON SIGNATURE RITUAL

The three Valleys candlelight 50/80 min

Ultra-repairing, this candle-filled experience envelops the body with gentle warmth while awakening the senses and by softening the skin.



SUBLIMATION FROM THE BODY

Snow crystals 25/50 min

Delicious scrub rich in coconut pulp offering the skin for ultimate softness. The skin is sublimated and delicately scented.

Skin velvet 1h20

Moment of pure happiness mixing a gentle scrub with delicate scent of coconut wrap, for a velvety skin and optimal hydration. The body and the mind relax.

Alpine Ritual 1h20

A voluptuous experience that deliciously sublimates the body. Gentle exfoliation and cream massage follow one another for a deep repair. Intensely hydrated and replenished, the skin regains all its softness and luminosity.



FROM THE BODY

Lily detox 50 min

By its enveloping and draining manoeuvres, the Lys Detox massage stimulates venous return, submissive strain at altitude, and offers a feeling of incomparable lightness. For immediate well-being, the body eliminates these toxins, and the immune system strengthens.

Frozen boots 25/50 min

A real feeling of weightlessness thanks to this treatment which combines a massage stimulating Blood circulation with refreshing ice cream scoops. Perfect for relieving the feeling of heavy legs after a sporting effort intense.

Tender Mom 50 min

Modelling performed from the third month of pregnancy or after childbirth, it relieves the baby's body ailments associated with pregnancy, improves skin elasticity, and stimulates circulation.

FROM THE BODY

Slimming ritual 50 min

Powerful ritual, immediately effective, this sequence kneading and rolling tonic combine with slimming assets to redraw the silhouette. The body is naturally toned, and the curves are more harmonious.

Localized slimming ritual 25 min

A real feeling of firmness, this treatment relieves congestion adipocytes thanks to the expert manoeuvres of kneading. For best results, bet on one area.

OF MARMOTS

For the youngest, the "Marmots" treatments offer a first approach to well-being.

Snow Fairy 25 min

The Snow Fairy is pampered delicacy with a massage in the area she prefers.

Snow Elf 25 min

Well-deserved rest after a long day of fun, the Snow Elf relaxes with a gentle massage localized.

Marmotton's rest 25 min

Well-being parenthesis for the Marmottons with a tender facial massage for ultimate relaxation.

Adorable Mimine 25 min

Gentle hand massage accompanied by a delicate application of varnish on the hands or feet.





CANDY HANDS AND FEET

Complete beauty of hands or feet 1h00

With classic polish nails application

Complete beauty of the hands or feet 1h20

With semi-permanent polish nails

Complete beauty of hands or feet for men 50 min

Velvet gloves as a complement to another treatment

Repairing paraffin treatment for hand and / or feet dehydrated by external aggressions. The skin will regain vitality, hydration, and softness.

Depilation and dyes on request





SkinCope® skin diagnosis 15 min

Included during a SkinCeuticals treatment in the treatment room.

THE PRICES

PRESTIGE TREATMENT

• Supreme Anti-aging facial treatment 1h30

EXPERT TREATMENTS

- Glycolic Acid Peel 1H00
- Anti-Aging with Vitamin C 1h00
- Hydrating Treatment with Hyaluronic Acid 1h00
- Repairing Treatment with Botanical Extracts 1h00
- Anti-pigment spots radiance treatment 1h00

195€ SPECIFIC TREATMENT

Smoothing Eye and Lip Treatment 30 min

165€ FLASH TREATMENTS

· Anti-Aging and Anti-pigment Spot Peeling 30 min

95€

90€

- Hyaluronic Acid Moisturizer 30 min
- Repairing treatment with botanical extracts 30 min
- · Purifying detox treatment 30 min



PRICES

SERENITY OF THE BODY		BODY ENERGY	
• Muscle Energy 25/50/80 min	125€/180€/250€	· Lily detox 50 min	180€
• Relaxation at the Summit 25/50/80 min	125€/180€/250€	 Frozen Boots 25/50 min 	125€/180€
• Star flakes 50 min	165€	• Tender Mom 50/80 min	180€/250€
• Winter heat 80 min	260€	 Slimming ritual 50 min 	180€
· Harmonious Waltz for four hands 50/80 r	min 360€/450€	 Localized Slimming Ritual 25 min 	125€
THE SIGNATURE LILY MARTAGO. • The Three Valleys Candlelight 50/80 min			
		CARE OF MARMOTS	
BODY SUBLIMATION		• Snow Fairy 25 min	90€
 Snow crystals 30/50 min 	130€/180€	• Snow Elf 25 min	90€
• Skin velvet 80 min	260€	 Marmotton's rest 25 min 	90€
• Alpine Ritual 80 min	260€	 Adorable mimines 25 min 	85€

PRICES

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COETNIECC OF HANDS AND FEET

SOLLINESS OF LIMINDS MIND LEET		TITALIX IXEIVIO VIAL	
• Complete beauty of the hands or feet 1h	100€	• Eyebrows	40€
with classic polish nails		• Upper Lips	35€
• Complete beauty of the hands or feet 1h20	130€	 Armpits 	45€
with semi-permanent polish nails		 Full arms / Half legs 	50€
		 Single jersey 	40€
Complete beauty of the hands or feet 50 min	90€	 High-cut swimsuit 	65€
for gentlemen		• Full bikini	90€
Velvet gloves	50€	• Full legs	80€
DVEC		 Torsos or Back 	80€
DYES			
• Eyelash tint 25 min	65€		
• Eyebrow Tint 25 min	65€		

INTERNAL

Appointment

The times indicated correspond to your spa treatment time. Any delay will result in a decrease the duration of the treatment without any price reduction being applied. We invite you to arrive 10 minutes before your appointment time.

Cancellation Policy

Any appointment cancellation must be made at least 24 hours before the start of the treatment. Otherwise, 100% of the service will be invoiced.

Room Service and Off-Hours Services

For in-room treatments, an increase of 30% will be applied. For after-hours care opening of the spa, an increase of 50% will be applied.

Special physical conditions

When booking, we ask that you kindly inform us if you are affected by the following contraindications: medical treatment, recent surgery, cardiovascular problems, allergies, pregnancy, or breastfeeding.

Access conditions

Our swimming pool and facilities are a private area, strictly reserved for hotel residents.

· Valuable objects

The establishment declines all responsibility for all valuables brought to the Spa. We you advise not to wear jewellery during your visit to the Spa. The management cannot be held responsible for any lost, stolen, or damaged valuables or money.

Hours of operation

The Spa is open every day from 10 a.m. to 8 p.m.







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