



A TIMELESS MOMENT AT THE LYS MARTAGON SPA

Welcome to the cozy atmosphere of our 280 m² Spa in Art Deco and Art Nouveau styles, whose curves and rounded shapes are an invitation to well-being.

A caring place for the body and mind, our Spa consists of a wall-mounted waterfall, an indoor swimming pool, a relaxation area, two sumptuous treatment rooms, a hammam, a sauna, but also an ice fountain, a rain shower and an outdoor jacuzzi.

Our relaxation area welcomes you for a tasty break, where you can enjoy our selection of flavored waters to awaken all your senses.





THE EFFECTIVENESS OF ANTI-AGING SKINCARE, HIGHLY CONCENTRATED IN PLANT-BASED ACTIVE INGREDIENTS

The designer brand Olviier Claire was born from the invalua brand was born from the invaluable e pertiseble expertise of Olivier Couraud, a true connoisseur of the world of botanicals with a passion for cosmetics.

Olivier Claire offers treatments with scientifically proven results, in line with its integrative vision of beauty.

Multisensory experiences: the delicate scents of plants, the soft and fresh textures, personalized gestures, the spectacular and persistent effectiveness of rare and precious active ingredients. From the first treatment, your skin is transformed, sublimated, radiant, lastingly restructured and firmed.

More than skincare, a cellular rebirth.







LIVE THE OLIVIER CLAIRE EXPERIENCE



1 | NATURALNESS

At the heart of the formula is a rigorous and respectful selection of the best active ingredients of natural origin, from organic farming and biotechnology.

2 | EFFICACY

The effectiveness of Olivier Claire's active textures comes from the synergy and high concentration of plant-based active ingredients. Scientifically proven, immediate and lasting results on all signs of aging.

3 | AUTHENTICITY

All Olivier Claire products are sourced and made in France. Personalized treatment protocols that combine the power of formulas with an expert touch for absolute well-being.





SEA FENNEL NATIVE CELLS, WILD & UNTAMABLE

Cradled in rocks, facing the iodine spray of our coasts, defying the sun's rays, this plant has chosen the most extreme environment to flourish!

Its native cells have remarkable regenerative properties.

FRESH SUNFLOWER POLLEN, SOLAR & AMBITIOUS

Reflections of light, solar fields, these immense flowers rise to seek the sun's rays until their last breath.

The intense fight of a fiery antioxidant shield.

WAKAME, POWERFUL & MYSTERIOUS

A magnetic and captivating dance in the ocean hypnotizes the eyes...

A concentrate of life is born, intense and deep,
the fresh cells restructure our carnal envelope.

OUR FACIAIS



OLIVIER CLAIRI

Ultimate Major Beauty Care 105 minutes - 290 €

A holistic, plant-based treatment, specifically created to restore skin's firmness and vitality. It boosts cellular activity thanks to the synergy of rare and precious natural active ingredients.

The face is reshaped, the face contours are restructured, and the skin is enhanced, intensely regenerated. Scientifically proven, immediate and long-lasting results on all signs of aging.



Hydrating Youth Care 75 minutes - 190 €

Tailor-made efficiency.

Highly concentrated in plant extracts and hyaluronic acid, this treatment oxygenates the epidermis, stimulates cellular action to strengthen and preserve the youthfulness of the skin.

A divine treatment and an unrivaled cellular action for an intensely rehydrated, plumped skin.



RADIANCE DISCOVERY CARE 60 MINUTES - 140 €

Glow.

A sublimated, radiant complexion and restructured, revitalized skin thanks to exclusive formulas, rich in plant-based active ingredients.

The skin radiates again. This treatment is ideal before a dinner or an event.



EXPERT EYE CARE 30 MINUTES - 75 €

Bright eyes.

This specific treatment, created to delicately treat the eye contour and its fragile skin, prevents and reduces fine lines, dark circles, and puffiness for a revitalized, lastingly soothed and radiant eye look.



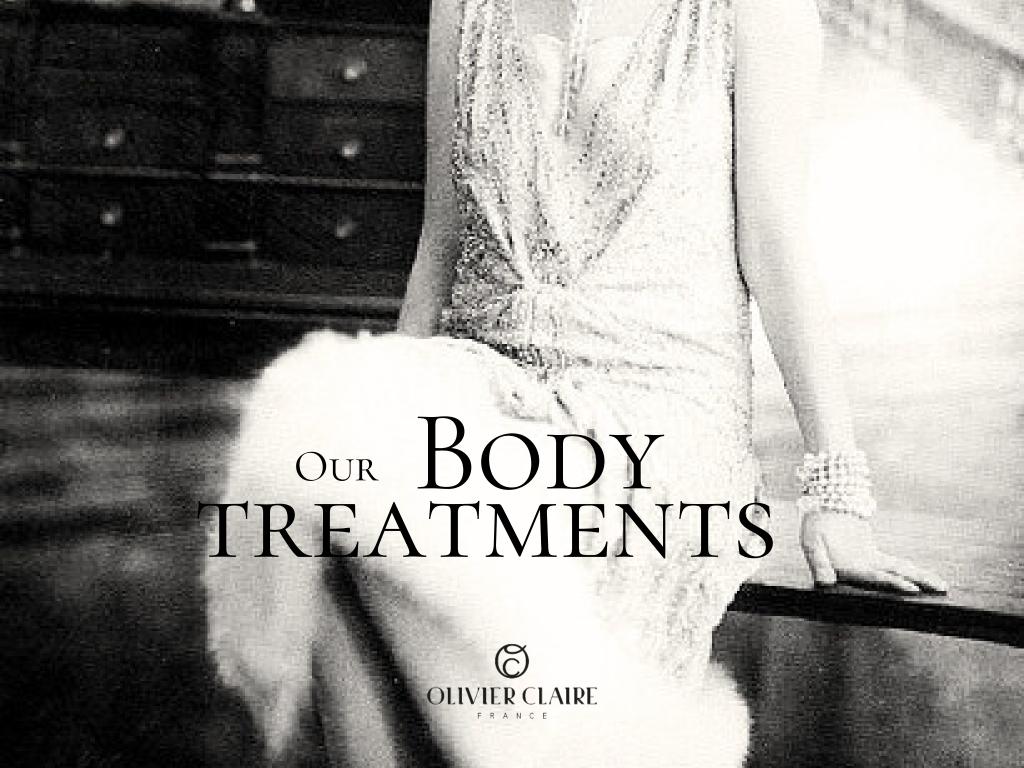
EXPERT DÉCOLLETÉ CARE 30 MINUTES - 95 €

Neck and décollleté.

A special care for this area sensitive to emotions, very exposed and often forgotten.

A gentle, smoothing, and comforting massage combined with a formula that deeply regenerates, repairs, firms and protects the skin.





SCRUB CARE 45 MINUTES - 150 €

Gentle exfoliation.

A true sensory, invigorating and revitalizing treatment for sublimated and deeply rehydrated skin. Composed of natural powders to exfoliate, fresh sunflower pollen to detoxify, rosehip oil to nourish, the sensoriality of the scrub is increased by the mist of invigorating Verbena floral water diffused throughout the treatment.





GENTLE MASSAGE

75 MINUTES - 350 €

50 MINUTES - 230 €

Absolute let go and well-being.

A gentle sensory escape thanks to a personalized touch combined with soothing plant-based active ingredients. Your skin and whole body are relaxed.

A comforting experience for a real reconnection between the body and mind, to rediscover yourself.





A cellular awakening.

A cocktail of stimulating and detoxifying plant-based active ingredients, which act in perfect synergy for an instant invigorating effect, combined with tonic and drainage movements.

Your body is energized and your skin is

intensely revitalized.



Gentle Wrap 60 minutes - 275 €

A bubble of freshness and lightness.

A wrap rich in plant extracts to refresh, revitalize and soften the skin.

The ideal treatment after a long day, a trip or intense physical effort for lighter legs, arms freed from all tension, and a more supple belly.





Nature in its most beautiful expression.

The ultimate detoxifier, the silhouette is remodeled under the firming and sheathing effects of this rejuvenating and protective wrap.

The skin is smoothed and enhanced; your body is flooded by a powerful energy.



INTERNAL RULES

Appointment

The durations indicated correspond to your treatment time at the Spa. Any delay will result in a reduction in the duration of the treatment without any price reduction being applied. We invite you to arrive 10 minutes before your appointment time.

Cancellation Policy

Any appointment cancellation must be made at least 24 hours before the start of the treatment. Otherwise, 100% of the service will be invoiced.

Room Service and Out of Hours Services

For in-room treatments, an increase of 30% will be applied. For treatments outside spa opening hours, a 50% surcharge will be applied.

Special physical conditions

When booking, we ask you to please inform us if you are affected by the following contraindications: medical treatment, recent surgery, cardiovascular problems, allergies, pregnancy or breastfeeding.

Access conditions

Our swimming pool and facilities are a private space, strictly reserved for hotel residents. In the event that a non-resident guest wishes to book a massage, one hour's access to the facilities will be offered.

· Valuable objects

The establishment declines all responsibility for all valuable objects brought to the Spa. We advise you not to wear jewelry during your visit to the Spa. The management cannot be held responsible for any valuable object or money lost, stolen or damaged.

Hours of operation

The Spa is open every day from 10:00 a.m. to 8:00 p.m.





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